

The 24th Osaka BUDŌ Festival



Each martial arts experience class held!!

**Free
to join**

Why do not you feel free to experience Enbu and watch it?
Leaders of each martial arts group will guide you.

Participants will receive a crude product from each way.

[attention]The number of crude products is limited. Please forgive if out of stock.

※Please bring exercise clothes, towels, drinking water, etc.

[attention]Depending on each road and the number of participants, there may be a capacity.

Date 11.2.2020(TUE.)

Time 12:00~16:00

Location MARUZEN INTEC ARENA OSAKA・SUBARENA (Osaka Municipal Central Gymnasium)
(https://www.yahataya-park.jp/osaka_arena/sub/index.html)

3-1-40, Tanaka, Minato-ku, Osaka
Osaka Subway Chuo Line [Asashiobashi] station

Organized by <Osaka BUDŌ Kyogikai>

Admission Free

JUKENDO : 銃剣道(Osaka Jukendo Federation : 大阪府銃剣道連盟)

Jukendo characteristics: Jukendo is a discipline to cultivate the mind and the body through unrelenting efforts, to maintain discipline, to respect civility and loyalty etc.; as a member of a society, to devote oneself to raising the morality, to aim at building resistant, proper, bright, strong and strong-minded character. Based on spear-fighting "thrust technique", a traditional Japanese martial art technique, Jukendo was created and developed in the early Meiji period. Kiju is a tournament of participants competing by applying "thrust techniques" into the opponent's throat or torso etc.; its particularity- aggressive and decisive approach. Short Kendo is a traditional martial art of Japan, based on fencing with "Kodachi (short sword) single-hand technique", created and developed in the middle of Meiji period. As the thrusting, striking and body entering techniques are performed with a short bamboo sword using one hand, the opponents are relatively close to each other. Characteristics: competitive sport, fearless aggressive moves.

KARATEDO : 空手道(Osaka Karatedo Federation : 大阪府空手道連盟)

Originated in Okinawa, Karatedo has developed independently in Japan. In the process of spreading over the country, inheriting the spirit of ancient Japanese martial arts, from the techniques to the training, it has turned into Japan's traditional martial arts. Once military arts, it is a traditional form of martial arts in which people fight with bare hands, without using weapons. Not only learning and mastering the techniques, but it also nurtures the spirit of "do" (pronounced "doh"). "Do" is a way of cultivating the mind and the body to withstand physical burdens, respect others, and resist to succumb to the temptation of easy and convenient lifestyle. Thus, Karatedo plays an important role for those who practice it, especially for the youth.

Nowadays, thanks to its popularity, not only nationally but worldwide, Karatedo promotes world peace through international exchange and helps bringing up healthy promising young people.

SHORINJI KEMPO : 少林寺拳法(Osaka Shorinji Kempo Federation : 大阪府少林寺拳法連盟)

What is Shorinji Kempo?

Shorinji Kempo was created in Japan by Sou Doushin in 1947 and represents "the act of human development" through system of teaching, techniques and training to cultivate confident, courageous, dynamic and compassionate people who play a role in the society. It is said to establish a reliable personality for social support and harmonious life.

NIPPON KEMPO : 日本拳法(Osaka Nippon Kempo Federation : 大阪府日本拳法連盟)

Nippon Kempo is a modern martial art born in 1932. Philosophy: "Martial art for character building through a comprehensive training of bare hands". Guidance policy: "To always value the etiquette, to have mind and body discipline and to work on your own self-training in order to contribute to the national prosperity and international peace". Characteristics of Nippon Kempo: training of fist-jabs, kicking, throwing and locking techniques, wearing a protective uniquely-developed equipment. This bare-hand martial art can be enjoyed freely and safely. Because of its health benefits (effective physical strength improvement), it is currently practiced by wide variety of people, from young children to middle-aged.

KENDO IAIDO JODO : 剣道(The Osaka Kendo Federation : 公益社団法人大阪府剣道連盟)

The concept of Kendo is to discipline the character through the application of the principles of the Katana (sword).

Kendo, which fights against one's opponent using bamboo swords (shinai) and protective armor (bogu), is thought to be akin to sports event. However, Kendo is a modern Japanese martial art (budo), and it aims to elevate humanity by disciplining one's body and mind through continuous practice.

Iaido is derived from Bushi's sword method. Bushi means an ancient warrior in Japan. The origin of Iaido is said to date back to the Muromachi Period, about 500 hundred years ago. It is said that victory or defeat in Iaido is determined at the moment of drawing the sword from its sheath (saya). And its discipline leads to the way of one's mind and body.

Iaido and Kendo are closely related to each other.

Jodo is a Japanese martial art using a short staff called "jo". The aim is strongly focused on defending against the opponent using the Japanese sword rather than attacking him/her. The "jo" is a short staff, usually 4.3 feet (128cm) in length and 1 inch (2.4cm) in diameter. The origin comes from Shinto Musoryo-jodo, founded by Musou Gonnosuke in the early 17th century.

JUDO : 柔道(Osaka Judo Federation : 大阪府柔道連盟)

On April 1, 2014, All Japan Judo Federation started a project "JUDO MIND." The English word MIND means "seishin (spirit)" or "kokoro (heart)" in Japanese. We wish to return the "Judo no kokoro (the spirit of Judo)" which was the creed of a Judo Master, Jigoro KANO. "MIND" also consists of initials of four words: Manners, Independence, Nobility and Dignity. Judo wrestlers should learn all of these four elements in order to be considered as Judo experts. That is why the word "MIND" was chosen to be our project's name.

NAGINATA : なぎなた(Osaka Naginata Federation : 大阪なぎなた連盟)

The Concept of Naginata is through training

Naginata will develop people with balanced bodies and minds/

KYUDO : 弓道(Osakafu Kyudo Federation : 大阪府弓道連盟)

Kyudo is different from other martial arts; the opponent is a stationary target. The archer must practice to unify body, mind and spirit, and the use of the bow, which will lead to an accurate hit. If the target is missed, one must reflect and seek the cause of his/her failure. In this way, Kyudo is a martial art aiming to improve character, dignity and self-discipline, through continued training and reflection of oneself. Furthermore, Kyudo is also considered a sport that can be enjoyed by men or women of all ages, as each individual can use a bow that is right in size and strength.

We'll show you high-level demonstrations.